

CAMPING FIRST-AID

checklist

essentials

- ALOE VERA GEL
- ANTIBACTERIAL OINTMENT
- ANTISEPTIC WIPES
- ASSORTED BANDAGES
- BUG BITE RELIEF
- BUG SPRAY
- EYE DROPS
- FIRST AID HOW-TO GUIDE
- MEDICAL TAPE
- PAIN RELIEF MEDICATION
- SUNSCREEN
- TWEEZERS
- UNSCENTED BAR SOAP
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optional

- ANTIHISTAMINES
- BLISTER TREATMENTS
- DISPOSABLE LATEX GLOVES
- GAUZE
- HAND SANITIZER
- NAIL CLIPPERS
- POISON IVY AND POISON
OAK TREATMENT
- Q-TIPS
- SAFETY PINS
- SCISSORS
- SPLINTS
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