

KITCHEN CONVERSION

cheat sheet



TSP	TBSP	FL OZ	CUP	PINT	QUART	GALLON
3 TSP	1 TBSP	1/2 OZ	1/16 CUP	1/32 PINT	-	-
6 TSP	2 TBSP	1 OZ	1/8 CUP	1/16 PINT	1/32 QUART	-
8 TSP	2 TBSP + 2 TSP	-	1/6 CUP	-	-	-
12 TSP	4 TBSP	2 OZ	1/4 CUP	1/8 PINT	1/16 QUART	-
16 TSP	5 TBSP + 1 TSP	-	1/3 CUP	-	-	-
18 TSP	6 TBSP	3 OZ	3/8 CUP	-	-	-
24 TSP	8 TBSP	4 OZ	1/2 CUP	1/4 PINT	1/8 QUART	1/32 GALLON
36 TSP	12 TBSP	6 OZ	3/4 CUP	-	-	-
48 TSP	16 TBSP	8 OZ	1 CUP	1/2 PINT	1/4 QUART	1/16 GALLON
96 TSP	32 TBSP	16 OZ	2 CUPS	1 PINT	1/2 QUART	1/8 GALLON
192 TSP	64 TBSP	32 OZ	4 CUPS	2 PINTS	1 QUART	1/4 GALLON
384 TSP	128 TBSP	64 OZ	8 CUPS	4 PINTS	2 QUARTS	1/2 GALLON
768 TSP	256 TBSP	128 OZ	16 CUPS	8 PINTS	4 QUARTS	1 GALLON

SMIDGEN 1/32 TSP OR 1/2 PINCH - PINCH 1/16 TSP OR 1/2 DASH - DASH 1/8 TSP